New Year 2018 Hot Opportunities

If you would like to try something new and start volunteering, here are just a few of the current volunteering opportunities available in Derry City and Strabane District Council Area





Cultúrlann Uí Chanáin is one of city's foremost arts and cultural organisations and is running their annual music festival, IMBOLC International Music Festival from 28th January to 4th February 2018. They are looking enthusiastic volunteers from all walks of life and all age groups to ensure the 2018 festival is as successful as last year's.

Do you have experience in front of house, box office, social media, light/sound or any other relevant area and would like to join an enthusiastic and friendly festival team?

Volunteers enjoy many benefits including free entry to festival events and other regular music events!

Northern Ireland Chest Heart & Stroke -Volunteer drivers

Main Purpose: To transport individuals to local Northern Ireland Chest Heart & Stroke (NICHS) services.

Where required? Sion Mills/Magilligan/Limavady/Strabane/L'Derry

NICHS service groups meet on different days/times in varies venues so we will try to match driver up to group according to availability.

What time is needed? Varies for each service but usually 2- 3 hours per week ③





"To promote and provide volunteering opportunities and activities in the North West for the benefit of individuals"

AGE

We are looking for people to help deliver fresh and nutritious meals to older people in their own homes. This service is vital to a large number of older people who for various reasons can no longer leave their own homes. As well as providing a meal our volunteers help alleviate isolation and loneliness and provide a much needed daily contact with older people. We urgently require a number of drivers and helpers to deliver our services. We provide a vehicle for this service. Drivers must be between 25 and 70 for insurance purposes. Helpers can be any age. If you have two hours per week spare we would be delighted to hear from you.

SAVE OUR RED SQUIRRELS

North West Red Squirrel Group need local volunteers to help with their recently funded project from the Challenge Fund and DSD grant for volunteers. The project is to conserve and protect the red squirrels of Eglinton. If interested in helping please come along to an information evening at Eglinton Community House on Monday 28th September at 7.30pm or ting Pam on 077.697.44728

North west red squirrelraroup

DSD 🕄

FUND



Strabane Community Project are opening a social supermarket and community café in early 2018 and are looking to build a dedicated team of volunteers.

Photo by Christ

Lots of opportunities to suit your interests and skills – we'd love to hear from you!!



ChildLine Foyle need Volunteer Counsellors to help listen to the vulnerable children and young people who contact them. Unfortunately they still can't speak to every child who gets in touch but maybe YOU could help? All they need is someone like you who has the time to listen. Just one four hour shift per week can help so many children and young people.

Also roles for switchboard operators and online support.



Allotment Volunteers and support volunteers are needed to support Inspire Mental Health & Learning Disability services



Volunteers needed across the area in

Barnardos charity shops



The Jigsaw Project supports children & young people with autism and their families and carers. With a wide range of activities on offer, the Jigsaw Project is looking to add to its team of support volunteers. Could you spare a few hours per week and get involved?

Easilink require Drivers for their Volunteer Car Scheme across

Derry/L'Derry, Strabane & Omagh

Full training provided and expenses paid

45p per mile



Café Support Volunteers –

When: Alternative Tuesdays. Verbal Arts Centre Derry/Londonderry 1-3pm or Ballykelly 11am-1pm.

You will provide support to the Group Leader helping to set up the room, recording attendees, talking to people with dementia or carers of people with dementia, preparing and distributing refreshments and encouraging group participation. Group Services inform, educate, support and provide structured activities for attendees in a relaxed group setting.





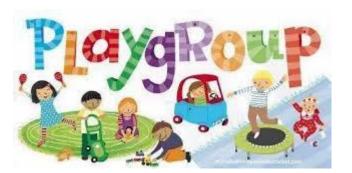
Would you like to volunteer with the Stroke Association? Contact us via the centre or come along to our sessions on

Tuesday from 10-12 and 13:30-15:30 and on Thursday from 11:00-13:00

The groups meet at Oaklee Housing Association, Lisnavar Court, Irish Street

Men's Action Network supporting and promoting male health & wellbeing require

Volunteer Admin assistants



Interested in volunteering in a playgroup or parent & toddler setting?

Pennyburn Playgroup are looking for volunteers (age 18 +) to help with trips and day to day (Monday to Fridays). Parent & Toddler group meets Wednesday mornings.

Make 2018 the year you make a difference to someone's life by becoming a Foyle Hospice Volunteer.

Looking for help in charity shops, fundraising, gardens, In-Patient Unit and Day Hospice. If you have a few hours to spare and you would like to know more please contact the centre.









TIME ON YOUR HANDS AND WOULD LIKE TO VOLUNTEER?

We are a Local Charity Group Offering Support to Autistic Children/Young People.

If you would like more information contact us:

By Phone: 07510876778 By Email: p.o.c.a.1@hotmail.co.uk

Access NI Approval Needed Applicants Aged 21+ Preferred



If you would like to find out more about any of the opportunities in this edition, please contact the volunteer centre:

enquiries@volunteeringnorthwest.co.uk

www.volunteeringnorthwest.co.uk

Derry/Londonderry 02871 271017/ Strabane 02871381800